

Thursday, August 4th

Title	Faculty	Description
Teaching Techniques for Beg-Level Tap	Aaron Turner	Throughout this course, I will open the discussion on methods I have used for both efficiently teaching a novice level tap class, as well as, how to help those students improve their technique to a higher level. I hope to have an open forum, in order to answer or overcome obstacles educators face, while teaching today.
Partnering in Hip Hop	Geo Hubela	Visuals, levels, mirroring, opposition, partnering, puppeting, textures, and more.
Strengthening Allegro	LaToya Roberson	Class will focus on exercises that you can include in daily ballet classes to help strengthen and improve petite and grand allegro
Marketing: Bringing in New Students	Misty Lown	Are you looking for new ways to fill classes for fall? Are you ready to grow again? Join Misty Lown, studio owner and leader of More Than Just Great Dancing!®, to learn new ways to bring old and new students back to dance for fall classes.
MindPower! – Your Guide to Mental Strength and Fearlessness	Robert Landau	Join National Motivational Speaker Robert Landau for easy and effective ways to put the power of your mind to work to accomplish great things and become totally fearless while doing so. It's easier than you think!
Tabasco Tap	Tony Coppola	This is a fiery, uptempo, latin tap which emphasizes the syncopations of latin music that are apparent in the use of snaps, claps, and short verbalizations. This style lends itself to audience appeal with is ear pleasing musicality, eye catching flare, and naturally infused attitude that give latin that spicy kick.
Ballet Floor Barre	Dolly Kelepecz	This is my original technique that includes information from Pilates, Gyrotonic and Alexander technique. Based on alignment and front and back core strength. Using many movements on the floor to gain awareness, flexibility and strength. Also Including breath and release techniques for flow and correct mind / body connection.
Theatre Jazz Funk - Beginner (8-11)	Aja Holloway	This class will focus on utilizing current jazz styles: funk, street, & technique and fusing them harmoniously with Broadway based music. This will help expand their "JAZZ" palette and help them with improv, confidence, and self expression.
Across the Floor with Style	Richard Hinds	This class will focus on a series of "across the floor" combinations with special attention being paid on style and transitions. We will explore styles and trends that are popular today and travel all the way back to the 60's. These collections of combos will be a great way to have your dancers cover space while using intricate steps and detailed specificity throughout the movement. The combos will range from beginner to advance with different technical elements that can be simplified or pushed to challenge your most advance dancers.

Repurposing Magic : How to Take One Piece of Content and Use It 5 Different Ways	Erin Burd	We all are pressed for time, and figuring out when to create content for social media, newsletters, and blogs can leave our heads spinning. In this session, Erin will show you how you can take 1 piece of content and use it in 5 different ways so you can stop trying to recreate the wheel and leave you with more free time to do the things you love.
Elemental Tap Teaching	Jason Marquette	This class will break down the basic elements of movement in tap (as well as touching on other genres) so you can connect the dots for dancers of all levels.
Let's Dance	Simone DePaolo	This workshop is to provide tips for creating a safe space where your little ones can grow and funnel some of that energy into a positive dance direction and experience. There will be some combo tips, class flow ideas, and a few props to add to the fun!
Rock your Roxie!	Rachel Bell Carpenter	Beginner Musical Theater combination focusing on style, details & intention.
Contemporary for Everybody	Ashley Andrews	This class will give you ideas on ways to make Contemporary Dance available to your students of different ages, It will show you how to unlock their passion and curiosity for the freedom of Contemporary movement through creative exercises and a compelling combination.
The Bigger They Are, the Harder They Fall	Tiffany Henderson	Tiffany Henderson, owner of 6 Tiffany's Dance Academy locations, Twinkle Star Dance Program , and Twinkle Star Dance Academy Franchise , tells you what it's like to go from an enrollment of over 4,000 students to 600 in the blink of an eye. Despite losing all but three of her forty teachers and administrators, she managed to keep her studios alive. Don't miss her tales of back-stabbing betrayals, district attorneys, supply-chain shenanigans, infuriating landlords, and frustrating hotel special event managers. She inspired hundreds of Twinkle Star Dance subscribers to keep pushing, keep trying, keep solving problems, and to never, ever give up. Along with her husband, Paul, her Director of Ops, Robbie and lead ballet teacher Cesar, she has survived the Covid nightmare...so far. She will share incredible innovations born from the depths of her despair. Her small, but mighty team's discoveries made owning a studio fun again. It's not over yet, though. It's never "over". If you want to survive and thrive as a dance studio business in 2022-23, you must implement Tiffany's tips, tricks, tools and technology now. Don't miss this inspirational, honest, and hopeful lecture.
Friday, August 5th		
Title	Faculty	Description

'Rise + Shine' Yoga for Dancers	Jessica Stafford	<p>Ready to start the day with a little self-care? Let's do it!</p> <p>In our industry, we are often solely focused on our students. Consequently, we don't always prioritize our own mental and emotional health and can neglect our own bodies, minds and souls.</p> <p>This can then translate into body aches, injuries, "busy brain," inconsistent sleep patterns, increased stress and anxiety, creative blockage, decreased immunity, fatigue and depleted energy. Sometimes we just need to pause, check in, recharge, reenergize and refuel.</p> <p>This class takes a mindful, 'specialized-for-dancers' approach using yoga asana, stretch, guided meditation and breath-work to ease you into the day, get you moving and find balance within.</p>
Tap + Musicality 101	Tre Holloway	<p>Musicality is a big part of creating a story while dancing. From the warm up to the final group, this class will focus on tap dancing and how we interpret the music we are dancing to. Throughout the class, we will break down warm up techniques, travel across the floor, and learn an explosive tap combination. The class will provide helpful tips on getting the students to create clean sounds with the goal of achieving perfect timing to the music.</p>
Lesson Plan Ideas for Intermediate Ballet	LaToya Roberson	<p>Class will include ideas for exercises at barre, center and movement across the floor that will help get the most out of your intermediate ballet dancers. Barre work will focus on maintaining turnout and core strength. Center will focus on musicality. Across the floor work will focus on putting it all together and adding a performance aspect.</p>
Mini Grooves	Nikky Paramo	<p>This class is a fusion of jazz, latin, and hip hop techniques. We are going to explore age appropriate grooves and steps to incorporate into your next routine. I will provide you with tips to keep your young dancers intrigued and engaged during class. You will leave this class feeling inspired and ready to accomplish a new skill set with your young dancers!</p>
Studio Tech Tools: Maximize revenue and reduce frustration	Dance Studio Pro	<p>In this session, attendees will be asked to reflect on their studio's current technology tools. We'll help you uncover business gaps and inefficiencies and introduce you to technology solutions to maximize revenue and reduce frustration. Attendees will leave this session with strategic tools to become more profitable, responsive and organized.</p>
Stress Reducing Tips for the Studio Owner	Steve Sirico	<p>Pandemics, budgeting, parent and student issues, faculty problems are just the start for what can create stress in the life of a studio owner. After 35 years in business Steve Sirico will share with you how to identify, control and release stress. Don't go into the new season feeling burnt out. Use the tips he will show you to refresh and recharge each and every day</p>
Ballet Variations for the Not So Balletic Students!	Angela D'Valda Sirico	<p>It is difficult to attract all types of students into Ballet classes, typically we are told that the movement is too slow or that they just want to do Hip Hop, Jazz, Contemporary or any other type of dance styles. In this class I will give you some ideas of different, fun, variations and costuming that will help your students fall in love with Ballet or at the very least appreciate how important the technique is for every style of Dance.</p>

*BE WELL: Mental Health & Wellness for Dance Students	Jessica Stafford	We are teaching in an unprecedented time where our dance student's mental and emotional health are paramount, more so than ever. We are responsible for our dancers' physical dance training as well as nurturing their overall well-being. This class will focus on integrating creative mindfulness techniques into your studio's curriculum using fun, effective, age appropriate activities and exercises. Incorporating yoga, guided meditation, dance improvisation, choreography composition, breath-work, journaling, discussion, etc., class will provide tools and a template to maintain awareness of student well-being, creating a safe space for all.
Jazz Fusion - Beginner (8-11)	Aja Holloway	This class is a beautiful fusion of the jazz dance technique mixed with funky, current grooves & movement. This class will help you prepare your mini dancer for more advanced levels and progressions as they & the jazz styles evolve!
Sales: The Engine to Studio Growth	Misty Lown	Do you need to sharpen your sales skills? Did you know that service is the highest form of selling? Join Misty Lown, studio owner and leader of More Than Just Great Dancing!®, to learn seven sales truths and what they mean for your studio in the upcoming season.
Grease Is the Word!	Richard Hinds	Who doesn't love the movie Grease! This class will feature all the hits from the movie with across the floor and center combinations. Get ready to Go Greased Lightning and Hand Jive to these beloved songs. These combos will feature a variety of levels to accommodate your most beginner dancers but also challenge your advance dancers as well. The songs are absolutely contagious and a good time will be had by all. Grease is the word!
Integrating "Kelley Technique" Part 1	Curt Jacobs	Charles Kelley began teaching at the age of 16 making a thorough Study of Jazz Dance with Jack Cole and Matt Mattox. His teaching lasted more than 6 decades of providing True Jazz Dance, sharing knowledge of the human body through correct anatomical techniques. As a teacher we will learn correct body placement for balance, strength and flexibility that you can teach to your students, making it your own. Proper placement of the feet, keeping the body aligned, shoulders over hips over balls of the feet. Basic Jazz Port de Bras (carriage of the arms)
Dancing By Design	Cara Dixon	This movement based session pinpoints how to use the body's anatomy in order to increase a dancer's technical ability while at the same time reducing injuries. We tackle the concepts of exhaustion and overuse injuries, while also breaking down how to take something as complex as the anatomy and simplify it in order to connect to any age group and technique level. During this class, we will make the anatomy in motion visual, work through exercises that will foster curiosity and then reverse engineer technique to allow it to become accessible to any dancer.
Back To Basics Beginner Level, Ages 8 – 10	Matthew Powell	Join Matthew Powell for an in-depth look into the very basics of ballet for your Beginning level students. This class will provide foundational barre and center exercises that focus on perfecting line, placement, turnout and extension. Additional exercises will cover the introduction of various turns and jumps, and keeping your students focused and engaged throughout class by creating a fun and nurturing environment in the studio.

HIP HOP TOTS	Geo Hubela	This class will focus on a curriculum specific for 3 & 4 year olds. Warm-up, games, progressions (yes progressions for 3 yr olds!) and combo.
Failure – How to Manage and Profit From It	Robert Landau	Failure, it's a part of life but is failing necessarily bad? National Motivational Speaker Robert Landau will show you how important failure can really be in the process of moving forward, professionally and personally.
Old School Funk	Steve Sirico	Join Steve Sirico as he takes you on a walk down memory lane of old school funk moves that have been tweaked and updated for 2022. He will share with you some great music and content that will be appropriate for all ages and levels. Come Jam with Steve in this, "Ain't We Funking Now!"
Rhythmic Variations in Tap Choreography	Jason Marquette	This class will provide simple tools to change up the rhythm of your steps giving you limitless possibilities for choreography.
Turning On and Off Pointe	Dolly Kelepecz	Starting with chainne turns and progressing to pirouettes and all of the basic turns in between. Breaking down the sequence of turns and the technique used to accomplish a clean double, from the spotting of the head to the coordination of the entire body. To be concise, balance, coordination and spotting as well as making sure that your weight distribution is correct.
Pas De deux - Jazz it up!	Ashley Andrews	This class will be centered around a jazz combination incorporating jazz par de deux using technique and style to deliver a professional standard of partner work that your dancers might be expected to deliver in auditions to successfully book that Broadway show!
Simple Music Editing	Aaron Turner	Music editing has become a standard within the competition circuit. Specifically, for my competitive hip-hop pieces, it is a necessity to combine a multitude of songs in order to have a complete and successful piece. This course will show you how to begin the process of splicing music and combining a single (or two or more songs) together. A computer is recommended, but not required. (I will mostly use the application Ableton, but the same techniques apply to any software.)
Perfecting Petit Allegro! Advanced Level, Ages 12 and up	Matthew Powell	Do your students struggle with the speed and precision needed to successfully execute petit allegro combinations? Matthew Powell will guide you through a series of exercises specifically designed to provide breakdowns of the trickiest petit allegro steps and a formula to help students not only master the steps, but also provide the 'glue' to piecing them together for tricky combinations. Perfect for advanced dancers ages 12 and up.

Teaching Techniques for Int-Level Tap	Aaron Turner	As you students continue to progress, I feel it is necessary to continue pushing the boundaries within both, their technique and the choreography used for their competitive circuit. Within this course, I'd like to continue pushing their technical tap ability- using more intricate exercises and combinations. Also, have an open forum that allows individual questions to be answered about teaching this level.
Using the Floor	Louis Kavouras	A series of modern/contemporary dance combinations that use the floor to develop unconventional shifting of weight, like rolling, sliding, and hinging. Strong focus on building the core strength to create central support to support these non-pedestrian movement combinations.
Financial Good News for Studio Owners	Misty Lown	Are you ready for some good news for the studio industry? Then don't miss this inspiring session with Misty Lown, studio owner and leader of More Than Just Great Dancing!®, on how you can build back better than ever.
HIP HOP PROGRESSIONS	Geo Hubela	This class will focus specifically on "FOOT-WORK" and "ARM-WORK" progressions *Exercises will be broken down separately by upper and lower body movement and then combined. *Progressions will encompass 3 levels starting at a beginner, progressing to intermediate and onto advanced levels.
Girl Power!	Silvia Laracca	Who needs a male partner when you have girl power? In this class, we will go over the mechanics of learning female/female partnering. You will learn a variety of lifts whether it's a duet, trio or a group.
The Ellové Technique®	Laura Haney	Incorporating principles of dance medicine and exercise science, The Ellové Technique® is a recommended cross-training and injury reduction program for dancers, and does not require props. The pure techniques of ballet, yoga, fitness, and Pilates are set to music in a seamless movement sequence that improves alignment, control, strength, flexibility, and body awareness.
Side and Front Aerial Workshop	Mandy Yip	Drills, tips, tricks and spotting technique to help your dancers achieve side and front aerials in the dance studio without extra gymnastics equipment. Class includes: short discussion on strength and flexibility required for these skills; progressions to cartwheels with good technique; spotting cartwheels for safety and technique; one hand cartwheels with arm swing and transfer of weight; flying cartwheels; pop cartwheels; progressions to spotting side aerials; side aerial entrance and exit variations (where time permits); injury prevention will be a main focus on all skills.

Junior Jazz	Nikky Paramo	This class will highlight true jazz technique appropriate for dancers ages 7-12. We will focus in on transitions, traveling & creating shapes. We are going to emphasize on performance and full-out movement. This class will be FUN and inspire you to share with your young dancers.
Saturday, August 6th		
Title	Faculty	Description
Body Awakening	Dolly Kelepecz	It is just that “awaking the body” for your beautiful day ahead at “DTW Live”. A little Yoga, a little Pilates, and a little Gyro to start off your day and put a smile on your face. At great way to start your day and improve both your spiritual and physical strength, create articulation in your joints and flexibility in you muscles. Learn how to also create a flow of stretch exercises to incorporate in your daily routine. Join me and Breath.....
Teaching Techniques for Adv-Level Tap	Aaron Turner	An open discussion about the importances of pressing the boundaries of today's tap dancing. Through rhythms, advanced level tricks, and a modern look at choreography. Also, stressing the importance of a solid tap foundation, improvisation, in order to further its progression.
The Importance of Lyrical Dance	Silvia Laracca	This class will be focusing on why lyrical dance should be introduced to dancers and the qualities it conveys. We will emphasize the emotional aspects, fluidity of movement and the level of skill brought in lyrical dance. This class is for intermediate/advanced Level.
Refine Your Line! Intermediate Level, Ages 10 – 12	Matthew Powell	In all dance forms, having proper line is key to developing the complete dancer. From stretched legs, shaped feet, and upper body use – good line helps a dancer grow both technically and artistically. Join Matthew Powell for an exploration of the progression of line, with a series of exercises that focus on the extension, placement and strength, while also including artistic elements that are sure to take your Intermediate dancers to the next level!
Moves & Grooves - all level	Sohey Sugihara	This class will focus on foundational elements specifically, isolations and rhythm training. This will help your students have a better understanding of grooves and isolations and allow them to apply them to routines, performances & freestyles!
Keep Your Team En Pointe: The Next Generation of Staffing	Molly Stroud	What do the newest generation of workers and seasoned professionals have in common? They crave authenticity and connection in the workplace. Join this session with Jackrabbit Dance to unpack the three ways technology can help recruit new teachers and create data-driven relationships with instructors.

Trending Tricks for 2023	Mandy Yip	Learn progressions for exciting tricks including rolling tinsicas, heli's, raiz, kips and more! Class includes: the 3 foundations of Acro, why they are so important and how they contribute to the success of all skills; progressions and spotting for the trending skills for 2023; breakdown for rolling tinsicas and Kips for low intermediate students; breakdowns and demonstrations of advanced skills; demonstrations of all skills with Mandy's assistants; time to ask questions about skills your dancers are struggling with.
Contemporary: Space & Dynamics	Jessica Stafford	Contemporary dance is a vast genre, rich with a variety of styles and movement profiles. Class will explore how the elements of space and differing dynamics can enhance and alter a dancer's execution and stylization of movement to broaden their depth and scope of nuanced interpretation.
Is it Afro, is it Jazz? It's Afro Jazz!	Simone DePaolo	Afro Jazz is a jazz style of dance with Afrocentric influences. We will be exploring a few different genres and incorporating some Afro jazz movement to broaden, compliment, and enrich the quality of movement for the dancer as well as the style. This workshop will offer innovative choreo from beginner's to more advanced dancers. Emphasis will be on enjoying the freedom of released and contracted movement.
Marketing on a Shoe String Budget	Steve Sirico	Finding cost effective marketing ideas that work can be hard to find. 35-year studio owner veteran Steve Sirico will share what has worked for his studio. You will learn simple techniques that you can use right away at your studio. Inexpensive doesn't mean ineffective.
Dealing with the "New" Parent and Student Dynamics	Angela D'Valda Sirico	This seminar will focus on the "New" dynamics we encounter from both parents and students alike. Working daily to find the most relevant and efficient ways to get the results that we are looking for is a challenge. I will give you tips on ways to get everyone back on track by using new and tried and true methods to help everyone get a more positive result.
Uni-style hip hop choreography (intermediate)	Tashan Muir	My own style of choreography to UK grime music. Fast paced and intricate.
Up in the air!	Ashley Andrews	This class will be exploring grande allegro and how to get your dancers off the floor! Using the strength of the legs to truly tap into the elevation of a dancer.
Next Steps: Guiding Your Seniors	Matthew Powell	As a studio director, it can be difficult to navigate which way to go as your students reach their senior year. From college auditions, to professional contracts and everything in-between, the correct way to guide your students can be a daunting task. Join Matthew Powell as he discusses the various options for your dancers in a post-pandemic world. Teachers will receive tips for auditioning both in-person and virtually, as well as guidance for your students for budgeting, college life, and advice for nailing their first professional contract.

Teaching Improvisation	Jessica Stafford	Class will explore beginner-advanced improvisation and how to make it accessible to a wide variety of students and levels. Fundamental concepts will include: What is an improvisational score? What is “free dance?” “How do I teach improvisation?” “How do I make improvisation fun, accessible and relevant for all students?” “How can I use improvisation in my own creative process?” Improvisational directives, Improvisational inspirations, Improvisational progressions
Locking (beginners/inter)	Tashan Muir	Fun and funky class going through social dances, partner work and a fun routine.
Creating a Gala Fundraiser Event for Your Studio (Steve and Angie together)	Steve Sirico	For over 24 years Steve Sirico and Angela D’Valda Sirico have been producing a Gala Fundraising Event at their studio that has generated over \$700,000.00 for scholarships. They will walk you through all of the steps they use and have perfected over the years. Learn how to build your own effective event!
Negativity – Winning the Battle the First Time, Every Time!	Robert Landau	In today’s world, negativity is a force to be reckoned with. If you don’t know how to deal with it, it will certainly deal with you! Join National Motivational Speaker Robert Landau as he shows you how to overcome negativity and use it as a powerful tool to accomplish great things.
Mini Tumblers	Silvia Laracca	(For beginners, ages 4-6) In this class, we will learn basic tumbling skills (flips, rolls, jumps, & kicks) as well as building strength, coordination and flexibility. You will be guided to learn unique and fun obstacle courses to help develop various body strength.
Panel Discussion: DTW Blog Hot Topics & Studio Problem Solving	Jessica Stafford	Join our round-table, panel discussion led by DTW Blog Editor in Chief, Jess Stafford as we tackle some of the hottest blog topics, dialogue and answer questions about current, trending issues you are facing in your home studios. Listen to peers, join in on the discussion & talk it out with us as we offer some of our own insight, experience & advice
Babies! Introduction to parent-and-me child development classes	Tricia Gomez	Don’t knock it until you’ve tried this! During this informative and playful class, learn the keys success when offering parent-and-me classes for students as young as 3 month old!
Me Importas Tu	Rachel Bell Carpenter	Intermediate Musical Theater combination focusing on intention & storytelling utilizing theater jazz, lyrical & ballroom techniques.
Hip Hop Mechanics (Ages 9-11)	Tre Holloway	The focus of this class is to learn how to structure a sixty minute hip hop class for dancers 9-11 (junior age level). Class will start with a fitness motivated dynamic warmup designed to raise the heart rate. We will explore across the floor grooves and learn a combination that will include basic to advanced movements that are current, challenging, and fun. Lastly, this class will provide insight, tips, and clarity on how to inspire this age division.

Profitable Preschoolers : The Keys To Creating a Successful Mobile Program	Erin Burd	Ever think about taking your classes on the road and teaching inside preschools, daycares, and afterschool programs?? In this session, we will be breaking down the keys to creating a successful mobile program including best pricing practices, marketing, and easy yes enrollment.
Sunday, August 7th		
Title	Faculty	Description
Hidden Rhythms	Tony Coppola	Hidden Rhythms is all about the sheer joy of tap dance. From the very opening, energy kicks in with the down beat making it impossible to not move your feet. The dance includes trading rhythms with each other, counterpoint, and polyrhythms.
Classic Broadway	Richard Hinds	This class will teach a series of combos inspired by some of Broadway's classic choreographers including Jerome Robbins (West Side Story), Bob Fosse (Chicago) and Michael Bennett (A Chorus Line). We will focus on detail style and storytelling through dance. These combos will be a fantastic way to introduce your dancers to the origins of "theatre dance" while using songs from some of Broadway's biggest hits. Get ready to have fun and all that jazz!
Sensory Impacts on Behavior and Learning	Tricia Gomez	Now, more than ever, we're seeing gaps in a student's ability to process information, regulate behavior and focus for extended periods of time. During this informative session, we'll cover exactly what sensory processing means and how it impacts student participation in the studio. Most importantly, attendees will walk away with strategies they can use immediately.
Integrating "Kelley Technique" Part 2	Curt Jacobs	This class will focus on Coordination, together we will learn Basic Coordination exercises and the famous "Charles Kelley Kick Exercise" which will help your students to gain excellent control and strength. The class will also demonstrate a jazz combination focusing on rhythm and transitions incorporating the elements of coordination, explosive kicks and leaps that are so typical of the Charles Kelley technique to help your students excel!
Using Anatomy to Teach from the Inside-Out	Louis Kavouras	In this class we will look at anatomical truths of the body and how these organizations of bones, muscles and tissues inform us of how to move, and how to best orchestrate and organize the kinetic structures of the human body.
Uni-style hip hop choreography (Advanced)	Tashan Muir	My own style of choreography to UK grime music. Fast paced and intricate.

Your Google Ads on Steroids	Steve Sirico	Did you know that 95% of all searches are done on Google? Additionally, when people search for a product or service this way, they are prospects very eager to buy. Learn how to get to the top of the search spot in your area for dance classes. Join Steve Sirico as he walks you through how to set up and build a winning Google ads campaign. Bring your computer and your ads will be up and running by the end of the session
Structuring the Tap Class	Jason Marquette	This class will explore various elements you can use to structure a class to keep it fresh for your students throughout the year.
Steps & Vibes - int/adv	Sohey Sugihara	This class structure includes a combination of house-inspired footwork and trendy grooves that you can incorporate in your next dance routine. Come prepared for a challenge and get ready to sweat!
Business Goals: Keeping Sight Of the Long Game In Your Dance Studio	Erin Burd	When you are the only person running your business (whether you have a team or not), it s so easy to get bogged down with all the micro tasks and shiny objects. And before you know it, you lose sight of your long game. In this workshop our focus is simple: keeping sight of your big WHYS and GOALS. Lesson planning, emails, invoicing, props, costumes, recital venues, digital resources, and the list goes on and on.... they are all wonderful parts of your business, but left unchecked they can steal your time and focus away from your ULTIMATE goals. In this session we will dive in and : Define your long Game, Give you tips and tricks to stay focused , and help reframe those tasks / shiny objects. Your long game is important and you deserve to run a business that you love. So let's talk about it!

More session descriptions coming soon!